Lake Cumberland ENDODONTICS

SURGERY POST OP INFORMATION

OFFICE OF SHEA CHEAVRONT, DMD 87 SARAH'S LANE SOMERSET, KY 42503



- 1. Do not Lift your lip this could tear your sutures and cause prolonged healing.
- 2. Bleeding: A small amount of bleeding for serveral hours after surgery is normal. A very minimum amount will turn an entire mouth full of saliva red. If excessive or continuous bleeding occurs, please call.
- 3. Pain: If pain medications have been prescribed, they are best when taken before the numbness wears off. Because you have had surgery, some post-operative discomfort may be present even with your prescription.
- 4. Antibiotics: If you have been given a prescription for antibiotics, take all the tablets as prescribed.
- 5. Swelling/Bruising: Following endodontic treatment swelling may occur and may continue for several days. However, if fever develops, please call. To help control swelling, an ice pack may be held on the cheek as much as possible durning the first 24 hours.
- 6. Eating: Do not drink alcohol while taking pain medications. It is important that you continue to receive proper nourishment. Unless otherwise instructed, it is usually more comfortable to limit the diet to soft food during the first 12-24 hours. It is very important to maintain your normal fluid intake.
- 7. Oral Hygiene: The day of surgery, brush and floss in all areas except the surgical site. Warm salt water rinses 4 times a day (1 teaspoon salt to an 8 ounce glass of warm water) will make your mouth taste better and accelerate healing. Do not initiate rinsing until 24 hours after surgery.
- 8. Sutures: Sutures, if not of the absorbable type, will need to be removed at your postoperative check-up appointment approximately one week following the procedure.
- 9. If you have any questions and need to speak to the doctor please call Dr. Cheuvront at (606) 679-3010 or cell (606) 425-8317.

If you were satisfied with your experience, we would appreciate you leaving us a Google or Facebook review!

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